



New
Horizons
Resources, Inc.

123 West Road
Pleasant Valley, NY 12569

Tel: 845-473-3000
Fax: 845-473-3030
email: info@nhrny.org
website: www.nhrny.org

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New
Horizons
Resources, Inc.

Summer 2008



Celebrating 25 Years!

News from the Foundation Office Beth Cookinham, Foundation Director

Spring Into Summer Craft Show

The James J. McCann Center at Marist College was home to 40 local artisans the weekend of June 7 & 8 who displayed their handcrafted items at our first Spring Into Summer Craft Show. The show was a joint effort between the New Horizons Foundation and the Hudson Valley Artisans Guild. Items displayed included pottery, jewelry, silks, photography and much more. For a list of vendors and pictures, please visit our website, www.nhrny.org/foundation.

Thank you to all the volunteers who made the show a great success despite the heat!



Picture by Scott Garrity.
Designed by Maxine MacDonald.

After having to reschedule our golf tournament because of weather, June 12th could not have been a more beautiful day for the 137 golfers who came out to support the Foundation's 25th Anniversary Invitational Golf Tournament. This tournament is the second longest running tournament in Dutchess County and raised an all time high level of over \$46,000 this year.

This year's guest speakers were the moms of our Angelo Boulevard house who gave a wonderfully heartfelt talk— and we thank them for their kind words.



Pictured above: The Angelo Boulevard group with their parents and Monica Robinson.

25 Years of Consecutive Play!

The following golfers were honored for playing in all 25 tournaments:

George Decker
Bob Finn
Tom Wall

Bob Dietz
Dan Hickey, Sr.

25 Years of Sponsorship!

A big thank you to **Bob Finn and Dan Hickey, Sr.** of **Hickey-Finn & Co., Inc.** for 25 years of consecutive sponsorship!

The Winners Are.....

1st Place— 59

Dan Hickey, Sr.
Dan Hickey, Jr.
Bob Finn
David Birsner

Closest To The Pin

(M)Garry Brown 9'11"
(F) Myungja Chun 11'8"

Longest Drive

Kyle Lukaszewicz
Vicki Lucarini

More on page 6

A Note From the Executive Director....

The Legacy of Lucian Green: “If I can do it, anyone can do it” by Regis Obijiski

Our friend and colleague, Lucian Green, passed away on June 6th. Although he left us too soon, he gave us a rich legacy in mission clarity. He knew who he was, he knew what he stood for, and he spent a career enabling others to realize their potential. Working directly for individuals with developmental disabilities at New Horizons for 19 years, Lucian lived deliberately and taught the rest of us by his example to examine our intentions and live with integrity.


At the passing of people dear to me, I am inevitably compelled to reflect on the truth that who you are is far more important than what you have done. The true legacy is never the résumé. Who was this man? Gentle, Strong of character, humble, honorable, respectful, supportive of others, assertive, determined, intelligent, soft-spoken, passionate, competent, trustworthy, credible, fair, loving.... After the memorial service, one of his sisters said to me with tears of joy that she was so gratified that that others besides members of his family truly understood and appreciated Lucian the way they did for 60 years. The person with integrity is the same person with everyone. Paraphrasing Ghandi: you are not honest, if you are honest only most of the time.

At New Horizons, Lucian provided direct support services, advocated effectively for people with disabilities, administered supervisory oversight, presented instruction classes for new staff in the organization, exercised formal investigations across the agency when necessary, and delivered seminars at regional and statewide conferences.



Always seeking to improve his own performance, he knew instinctively that the best student is a teacher. During the last decade of his life—all during his fifties—he attended classes at Dutchess Community College and SUNY New Paltz. He was only two months away from being awarded his Bachelors degree. One of his instructors at SUNY stated: “Lucian was my student, and he was my very wise teacher.”

Applying for a scholarship two years ago, he asked me to write a letter of reference on his behalf. Joking, I asked him why he deserved this scholarship and he replied: “I don’t deserve it more than anyone else, but the message for others is that if I can do it, anyone can do it.” Lucian led from behind, like all effective leaders do. He inspired others more by what he did than by what he said.



The NHR Newsletter is a quarterly publication produced by the agency to keep our friends informed about NHR's current activities.

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Regis Obijiski, *Executive Director*

Please address comments about the newsletter to Beth Cookinham at:
New Horizons Resources, Inc.
123 West Road
Pleasant Valley, NY 12569
email: bcookinham@nhrny.org

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AROUND THE AGENCY NEWS

Save The Date!

NHR's Annual Picnic
Please come join us for a fun filled day of food, games, dancing and camaraderie!

Saturday, September 13, 2008
(Rain or Shine)
12-4 pm
(Lunch will be served from 12:30-2:30pm)

Freedom Park
212-214 Skidmore Road
Lagrangeville, NY 12540

Please call 845-473-3000 ext. 715 to RSVP by August 29th or for directions.



**5th Annual
Fall Into Fashion Show
& Dinner**

Thursday, October 2nd
Doors Open at 5:30
Tickets \$45.00

Fashions presented by: Crystal's Closet, Dress Barn, Madina Park, Mary Abdo's & You, Scruples, Talbots & Up To Date

This event sold out last year! Call soon to reserve your seat-
473-3000 x322 or
bcookinham@nhrny.org



13th Annual Community Leadership Breakfast

**Honoring
Linda Bartles Clarke &
Owen T. Clarke, Jr.**

For their spirit, dedication and leadership in fostering a better life for all residents of the Hudson Valley

Thursday, October 23rd
Poughkeepsie Grand Hotel
8am

To attend or for sponsor information, please contact Beth Cookinham at 473-3000 x 322 or bcookinham@nhrny.org.

Pictured above:
Linda Sofka & Denise Wood. To the right:
Vicki Kaan & Jennifer Sucato



AROUND THE AGENCY NEWS

Summer Camp...an intern's perspective

By Elizabeth Jones

From June 30th to July 3rd New Horizons ran a summer camp for 10 children with developmental disabilities. We started the week on Monday with horseback riding. It was incredible to see each child's face light up as they sat atop the horse and told it to "ride on". I was amazed that kids who had been unable to sit still all day were so still and calm up on the horse. The peaceful composure sure didn't last long though. The week flew by in a flurry of activities; we ran around in bouncy castles, went to parks, to arcades, swimming, to the zoo, to a children's museum, and ate lots of good food. Each activity was incredibly high energy and exciting and because we did so many diverse things, there was at least one activity for every child that was hard to drag them away from. Maya couldn't stop petting the horses, Kayla loved splashing around (and splashing others) in the lake, Bee Bee made a great DJ at the radio station at the kids museum, and Malachi ran around like a madman from ride to ride at the arcade. Each morning when parents brought their kids in to summer camp they told the staff how much they knew their child was enjoying camp. They told us how excited they were to see their friends in the morning and how great their behavior was at night after having been exhausted from running around all day.

If they thought their kids were exhausted then they should have seen me every night. I think that the week of summer camp may have been some of the best four nights of sleep I have ever had. I have worked here at New Horizons for a little over two months as a summer intern. Normally I help out at day-hab at Briggs farm every morning and then work at West Road in the afternoons, so kids camp was definitely a new experience for me. Although I will admit that the camp was exhausting and overwhelming at first, in the end I feel blessed to have had the opportunity to participate in it. I enjoyed each high energy and unpredictably exciting activity, but the most rewarding part by far was getting to know such incredible kids. Though the majority of the children attending the camp were nonverbal, low functioning, and had obvious behavior issues, by the end of the week it was easy for me to recognize what distinct and great personalities each child had. I am grateful to have been able to participate in a camp that provides kids with disabilities the opportunity to do such fun activities with each other out in the community, something I know to be vitally important especially now that schools are out for the summer. So far my experience at New Horizons has been absolutely incredible and summer camp was a great chance to become more familiar with another service the agency provides for people with developmental disabilities.



Dottie DeNunzio, Beth Cookinham and Liz Jones at the Golf Tournament



others more by what he did than by what he said. He embodied our commonality and gently motivated those around him toward personal and professional improvement and even greatness—"If I can do it, anyone can do it."

Lucian Green's gift to us is a life well-lived. He was a highly principled professional who strove to do the right thing for the right reason. He earned the respect and affection of his colleagues, those whom he served at New Horizons and many in the general community. We miss him but his spirit remains within reach.

"Lucian was an easygoing man who took his job seriously ... He was always willing to listen, give good advice, and go that extra mile. He was not only my supervisor but a teacher, a mentor, and a very good friend—a man with integrity."
John Leblanc

"Lucian never judged anyone.. The one thing he taught me that I will always remember is this: "We are all born with disabilities but the people that we serve just have challenges."
Nikki Thomison

"He had such a way of deflecting what might have turned into a argument—it was an art for him, to be able to bring someone back to a sense of peace."
Jean Tansey

"Even after working with Lucian for 20 years, we knew so little about him personally—that really speaks to his professionalism. The work really wasn't about him; the focus was entirely on the people we serve. He will kindle a few fires in others."
Tom McCluskey

"In the 15 years I knew him, I never heard him say a bad word about anybody. Lucian was a very kind man, he wasn't afraid to try a new approach. He had such a closeness with the men at Overlook. He is going to be remembered for his sense of humor."
Jeanne Georgiou



"He was always somebody I could reach out to, both as a supervisor and as a friend. He was a peacemaker. Even though he was my supervisor, Lucian was more like a brother to me."
Judy Baker

"He was very wise. He had so much experience and he never had a problem sharing to help you be the best you can be."
Neil Green

"We in the Finance department saw Lucian fairly regularly. As a details person, I loved Lucian's wardrobe – he assembled the most color-coordinated ensembles I've ever seen. I always enjoyed my conversations with Lucian and the wry humor and understanding that infused his stories."
Carol Engler

"He really respected the concept of family—he really valued staying connected. Lucian demonstrated this throughout his life – both personally and with the guys at Overlook."
Beverly Kaufman

"Lucian was outstandingly smart, balanced, and dependable—a great guy. He explained himself well and even if he disagreed with you, he wouldn't make you feel small."
Raymond Njunge

"I had the opportunity to interview Lucian for a school project. He was very quiet but at the same time he was a powerhouse of knowledge. He spoke very deliberately, putting a lot of thought into each word he said. He had a passion for what he did and a compassion for the people he served. One quote from him that I will always remember is "Change is a journey, not a blueprint, it is loaded with uncertainty."
Hope Badroe

AROUND THE AGENCY NEWS

ON THE MOVE!

Moving Day by Mike Wheatley

It was a historic day on April 25, 2008 as the first of the NHR Wassaic houses came to a close. Bittersweet as it was, the men at Orchard enjoyed the day moving into their new home in Stormville. The day was mostly joyous, as it marked a new beginning in the lives of the gentlemen. But it was also a bit on the sad side as we said goodbye to a home that we have known for almost 30 years.

The day began with a nice breakfast at Orchard. All the guys stayed home from their respective day programs, and enjoyed a 3 day weekend as a result. After breakfast, we all got to work packing up the rest of the "stuff" we needed to bring with us. Once we were loaded up, it was time to go. Arriving at the new house, the guys were all excited to see how their rooms were set up, complete with new beds, dressers, and the like. Chris B. was excited that he finally had a Yankees-themed room and Charlie was happy to see his new stereo set up. Chris S. became reacquainted with his recliner chair — he had been moved out of his room at Orchard due to health reasons 2 months earlier and therefore hadn't been able to sit in it for awhile. After looking at their new rooms, the guys were anxious to get busy unpacking boxes and putting their things away. All in all it was a happy day. Before dinner, the guys enjoyed a visit from Regis, who stopped by to welcome them into their new home. The first dinner was filled with conversation about what things they can do here at the new house and their excitement about being here. The day was capped off with a good night's sleep in their new full size beds.

On behalf of Chris S, Chris B, Charlie, Wally, and Jamie, I would like to thank Jayne, Mae, Tim, Anthony, Lynn, Julie, and Julie's daughter, Cecilia, for all their help in making this day a smooth transition for all. I would also like to offer a bit of advice to the remaining Sinpatch houses: when you are packing up, and moving out, keep in mind that this day will be a tremendous one for your people as well. When you consider that Spruce, Riverview and Heritage have been the only home your ladies have known for the better part of 30 years, it will do them some good to take

some memories with them. As I stated before, this is history. We were the first of the Dutchess houses to open, and soon Sinpatch Road will be just a memory. It is sometimes hard for us to know what is on the minds of the people we serve, but as for me, I have spent the good part of 20 years there, and I know that I will miss it. 'Nuff said!



One last picture in front of Orchard!
Standing from left to right: Charlie Proffit, Jayne Violon, Chris Scileppi, William Cox, and Mae Smith
Sitting from left to right: Chris B., Jamie Platt, and Mike Wheatley

Thornwood Opens! By Bill Beattie

Marie Cain's eyes were bigger than flying saucers and her smile just as large when she proudly toured her spacious new bedroom with all of her personal belongings having safely made the trip from her old home. Carol grabbed Regis and persuaded him to unpack all her clothing and fill her huge new closet. Carol was just fine, though Regis was exhausted. Marie, along with housemates Carol LaRose, Tina Betz, Pearl Dennis and Marie O'Brien moved into Thornwood IRA on 5/30. They all expressed their contentment with their new home and new day programs. Apart from Regis and I, the ladies at Thornwood have already had visitors from Angelo Boulevard and are looking forward to more visitors soon. An open house will be scheduled in the near future, but please feel free to visit sooner (call first!).

A big thank you is owed to all of the staff of Thornwood, the maintenance department and all agency support staff for their fine work in getting this new home ready for the ladies. An extra special thanks is owed to Jayne Violon, Mae Smith, Andrea Pollack, and Stella

TAKE A CHANCE ON A ONCE IN A LIFETIME EXPERIENCE

**Win a trip to the 2009 Masters Tournament
Augusta National Golf Course, Augusta Georgia**

1st Prize Package includes:

Two tickets to the 1st Competition Round

Thursday, April 9, 2009

Round trip transportation on a corporate

jet departing from Albany Airport

Overnight Hotel Accommodations

\$100 per ticket

(max. 250 tickets will be sold)

2nd Prize: TaylorMade R-7 Driver

3rd Prize: Odyssey Putter

PROCEEDS TO BENEFIT

NEW HORIZONS RESOURCES, INC.

Drawing will be held on 12/17/2008

Drawing will be conducted by a 3rd party. Need not be present to win.

Donated by Relph Benefit Advisors.

MAKES A GREAT GIFT!

**To purchase tickets call
(845) 473-3000, ext 322**



AROUND THE AGENCY NEWS

Quilt Raffle

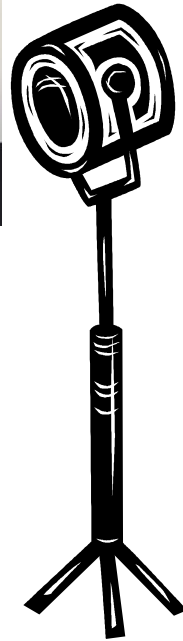


NHR was the lucky recipient of a quilt donated by the Wednesday Quilter's Group to help raise funds for the agency.

The quilt showcases homes with a personal touch on each one. It measures 49" x 62" and would make a great gift!

Tickets are \$10 or 3 for \$25 and can be purchased by calling 473-3000 x322. The drawing will be held at the Fashion Show on October 2nd. The winner need not be present to win.

Spotlight On Jennifer Perry



Jenn came to NHR in September 2007 and is the Gerry Road House Coordinator. While she hasn't been with us quite a year yet, one would never know it from all of her enthusiasm and dedication. In December she coordinated a Holiday Dinner & Dance with 240 attending! Whether its taking pictures and routing on participants at the Special Olympics or helping with another event, you can always find Jen with a smile on her face. Thanks for choosing NHR- we are lucky to have you, Jenn!

NHR Holds Ribbon Cutting & Open House

On Tuesday, June 24th a large crowd gathered outside NHR's new Training & Administrative Building to celebrate our Ribbon Cutting & Open House.

Thank you to Charlie North and his staff at the Dutchess County Regional Chamber of Commerce for their help with the festivities.

On Monday, June 23rd an Open House was held for parents and families.

This building was purchased in January and is 18,000 square feet. 4,000 of this is dedicated to training space.



Pictured Above From Left To Right: Quincy Ferguson, Karen Coburn, Frank Susczynski, Regis Obijiski, Emanuel F. Saris, Joseph Kirchoff, Bill Lavery & Ed Moran

Fun Fact:

There is 9 miles of cable wire running throughout our building!

AROUND THE AGENCY NEWS

Hernandez (and all others) who cleaned (and cleaned) and who kept things on schedule.



From left to right: Carol LaRose, Bill Beattie, Marie Cain (sitting), Marie O'Brien, Theresa Kirkpatrick, Tina Betz, Pearl Dennis (front) and Donna McRoberts

NHR Athletes Shine at Special Olympics by Jenn Parry

On Saturday May 17, 2008, 11 athletes from New Horizons participated in the Spring Games Track and Field Competition at Mahopac High School.

Please congratulate all participants on a job well done: Matt Sherlach (Pleasant Valley), Beth Pulst (Morehouse), Wendy Hawkins (Morehouse), Todd Lehrer (Dwight Street), Linda Sofka (Gerry Road), Jill Brushini (Morehouse), Alison Heady (Gerry Road), Alicia D'Eufemia (Gerry Road), Carl Bartles (Pleasant Valley), Bill Habekost (Dwight Street) and Jeff Foster (Dwight Street).



From Left to Right: Linda Sofka, Alicia D'Eufeima and Alison Heady

Welcome!

NHR is pleased to announce the appointment of two new Board Members.

Edward L. McCormick

Is welcomed by the NHR Board of Directors

Ed is the President of McCormick Management Consultants. He is a past recipient of NHR's Community Leadership Breakfast and is involved with many local organizations.

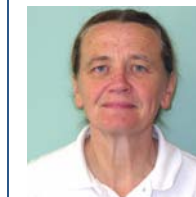
Stephen J. Reverri

Is welcomed by the New Horizons Foundation Board of Directors

Steve is a Deputy Sheriff with the D.C. Sheriff's Office. He serves on our golf committee and is a member of the Board of Directors for The Ryan McElroy Children's Cancer Foundation

DSPs Honored at the Mid-Hudson Coalition Conference

NHR was fortunate of having two of our Direct Support Professionals honored at the Mid-Hudson Coalition for the Development of Direct Care Practice annual conference held on June 12th.



Congratulations to Lisa Munzer & Kevin Crosson!



New!

If you are interested in receiving the NHR newsletter or other periodic information electronically, please email bcookinham@nhrny.org.

GOLF DAY!

We couldn't enjoy the success of our annual Golf Tournament without our Sponsors & Volunteers!

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First place team of Bob Finn, Dan Hickey, Jr., Dan Hickey, Sr. & David Birsner

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GOLF DAY!

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Special Thanks:

- Paul Hoffman, Friendly Honda
- Tommy Monteverdi, DG &CC
- Lisa Redfern, DG &CC
- Doug Wiltsie, DG &CC
- Majestic Studios



Commemorative 25th Anniversary Wind Jackets are available. To purchase one, contact 473-3000 x322 or email bcookinham@nhrny.org